



OPEN WATER COURSE TRAINING SCHEDULE

Course Start Date: Monday, Any Month, 2011

General Remarks: Each evening session starts at 6 pm, unless your instructor indicates otherwise. The Knowledge Development period is generally from 6-7:30 pm. Pool (Confined Water) periods run from 8-10 pm. Please bring swimsuits and your pre-study pack to every session. You should read each Section of the Manual indicated below, and complete the Knowledge Review following it, before each class.

If you are unable to attend a session, please give the maximum notice possible to your instructor: *Your Instructor Name (Instructor E-Mail / Tel #)*

<p>Night One: Monday, Any Month</p> <p>Knowledge Development - Manual Section 1 - Underwater World / Dive Equipment / Scuba Systems / Buddy System</p> <p>Confined Water Skills - Gear Assembly / Water Entry / Mask Clearing / Regulator Clearing / Regulator Recovery / Alternate Air Sharing</p> <p>Remarks - May include water skills assessment. 200m swim and 10 minute safety float</p>	<p>Night Two: Wednesday, Any Month</p> <p>Knowledge Development - Manual Section 2 - Adapting to the Underwater World / Respiration / Dive Equipment / Dive Communication and Procedures</p> <p>Confined Water Skills - Pre-Dive Safety Check / Weight Check / Deep Water Entry and Exit / Snorkel Use and Clearing / BCD Oral Inflation / 5 Point Descent / Mask Removal and Replacement / No-Mask Breathing / Low Pressure Inflator Removal, Replacement</p>	<p>Night Three: Monday, Any Month</p> <p>Knowledge Development - Manual Section 3 - Dive Environment / Dive Planning / Boat Diving / Problem Management /</p> <p>Confined Water Skills - Tired Diver Tow / Cramp Removal / Neutral Buoyancy Establishment / Out-of-Air Drills / Free Flow Regulator technique / Controlled Emergency Swimming Ascent</p>
<p>Night Four: Wednesday, Any Month</p> <p>Knowledge Development - Manual Section 4 - Dive Accessories / Health for Diving / Breathing Air at Depth / Dive Tables and Dive Computers /</p> <p>Confined Water Skills - No Mask Swim / Hover</p>	<p>Night Five: Monday, Any Month</p> <p>Knowledge Development - Manual Section 5 - Special Table and Computer Procedures / Using a Dive Computer / Basic Compass Navigation / Continuation of Training / Recreational Dive Planner (continued)</p> <p>Confined Water Skills - Remove, Replace Scuba Unit and Weights at the surface and underwater (separately.)</p>	<p>Night Six: Wednesday, Any Month</p> <p>Knowledge Development - Review, as required</p> <p>Confined Water Skills - Review skills and conduct weight check for Open Water</p> <p>Remarks - FINAL EXAM (50 Questions - 75% to pass)</p>

OPEN WATER DIVES: Weekend of Any Month (Provisional - your instructor may discuss alternative arrangements that are mutually satisfactory)

Your instructor will identify timings and locations for your Open Water Dives. Please ensure that you bring appropriate clothing to cope with expected conditions. Water and snacks are also useful to have to hand. Expect to spend at least an hour between dives, of which there will be no more than three on any training day. It is very important to bring your logbook and eRDP ML to every Open Water session.